



THE JOURNEY VOL 1

JOIN THE CONVERSATION #UWBAJOURNEY

THEMES

- RACE** **IDENTITY** **WHITE SUPREMACY**
- THE CONSTRUCT OF WHITENESS**



As part of United Way Bay Area’s (UWBA’s) Diversity Equity Inclusion (DEI) commitment, we aim to learn together, ask questions, listen for understanding, expand our individual and collective knowledge base- and reflect on how to engage with one another and the communities we serve from an inclusive and authentic place.

Each month, you will have the chance to engage with dynamic, curated content about a variety of issues related to DEI work. Whether you are an avid reader, binge-watch documentary films, listen to podcasts on your commute, or have little ones you read with each night- there is something here for you. You are encouraged to approach this resource with:

- An open, curious mind,
- A willingness to give yourself grace as you learn,
- The courage to sit with discomfort and open dialogue with others in your circle, and
- The intention to put your learnings into action in your work at UWBA and beyond.

Watch

- **WHO WE ARE: A CHRONICLE OF RACISM IN AMERICA** (Netflix and other streaming platforms, 1hr 57 min) - **TRAILER**
- **THE BIG PAYBACK*** (PBS, 1hr 28 min), **TRAILER**

Listen

- **NIKOLE HANNAH-JONES ON THE POWER OF COLLECTIVE MEMORY*** (Code Switch, 53 min)
- **REPAIRING THE PAST: RETURNING NATIVE LAND*** (Be Anti-Racist w/ Ibram X. Kendi, 36 min)
- Turning the Lens, Seeing White, **PART 1*** and **PART 2*** (Scene on Radio, 17 min and 29 min)
- **A HISTORY BOOK THAT ISN'T: FINDING A WAY TO TEACH RACISM TO A NEW GENERATION*** (NPR, 5 min)

Learn

- **SUPPORTING ALLYSHIP AND ANTI-RACISM AT WORK** (LinkedIn Learning, 48 min)

Read

- **SO YOU WANT TO TALK ABOUT RACE**, Ijeoma Oluo
- **THE 1619 PROJECT: A NEW ORIGIN STORY**, Nikole Hannah-Jones
- **STAMPED FROM THE BEGINNING: THE DEFINITIVE HISTORY OF RACIST IDEAS IN AMERICA**, Ibram X. Kendi

Kids' Corner

- **OUR SKIN: A FIRST CONVERSATION ABOUT RACE**, Megan Madison, Jessica Ralli, Isabel Roxas
- **STAMPED (FOR KIDS): RACISM, ANTIRACISM, AND YOU**, Jason Reynolds, Ibram X. Kendi
- **THE 1619 PROJECT: BORN ON THE WATER**, Nikole Hannah-Jones, Renée Watson, Nikkolas Smith

Reflect

(Suggestion: designate a space (a physical journal or online space) to collect your thoughts each month)

- Coming into this month, what did you already know about the themes/subject matter?
- What key learnings stand out for you?
- What do you want to explore further? What questions do you still have?
- How can you incorporate one specific learning from this month: into your work at UWBA? In other areas of your life?

Please note: while there may be items in this collection that cost money (books, films available on streaming services, etc...), each collection will include some resources that are free and available either online or via public libraries. Free items are noted above with a “*”

