

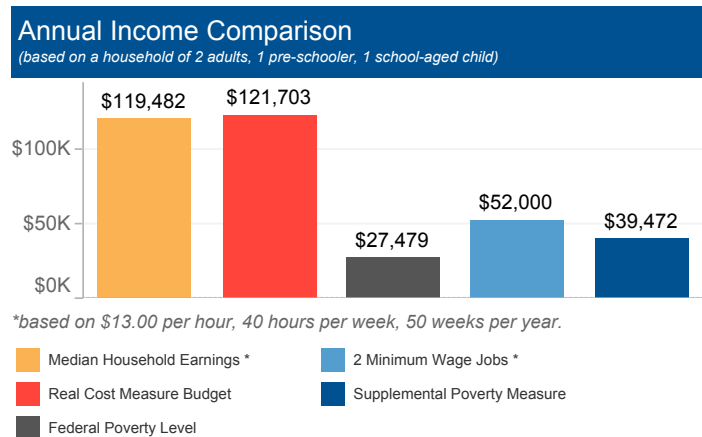
# Alameda County

## The Real Cost Measure in California 2023

The Real Cost Measure (RCM) estimates the amount of income required to meet basic needs including the costs of housing, child care, food, transportation, health care, and taxes. Unlike the official poverty measure which is primarily calculated based on the cost of food adjusted for inflation annually, the Real Cost Measure takes into account geographical differences in the cost of living throughout California.

If any results show blank values, that indicates the sample size is too small to illustrate Real Cost Measure results. Per our methodology, estimates with a cell size of greater than 5,000 are assumed to be accurate within +/-1% based on design factor analysis. Cell sizes less than 5,000 are suppressed.

# of Households below Real Cost Measure	% of Households below Real Cost Measure	% of Households below Real Cost Measure with at least 1 Working Adult
<b>143,044</b>	<b>29%</b>	<b>98%</b>



### Household Budgets

	1 Adult	2 Adults	2 Adults, 1 Pre-schooler, 1 School-aged child
Housing	\$19,140	\$23,208	\$28,596
Food	\$4,980	\$9,132	\$14,124
Health Care	\$2,856	\$5,712	\$11,424
Child Care	\$0	\$0	\$24,276
Transportation	\$6,312	\$12,624	\$12,624
Miscellaneous	\$3,324	\$5,064	\$9,108
Taxes/Credits	\$7,342	\$9,653	\$21,551
<b>FINAL BUDGET</b>	<b>\$43,954</b>	<b>\$65,393</b>	<b>\$121,703</b>

### Households of Color

Across the county, African Americans and Latinos have a disproportionate number of households with incomes below the Standard. In this area, of the 143,044 households below the Real Cost Measure, 42,064 are Latino.

### Households with Young Children

- 40% of households with children under six struggle, a rate much greater than that of the rest of the county.
- Single mothers are most likely to struggle. 68% in the county are below the Real Cost Measure.

### Working Households

- 98% of households below RCM have at least one working adult.
- 72% of heads of household who work are employed full time and year round.
- A family of four (2 adults, 1 infant, 1 school-aged child) would need to hold more than 3 full time, minimum-wage jobs to achieve economic security.\*\*

### Housing Burden

- 36% of all households in the county spend more than 30% of their income on housing.

### Education

	# below RCM	% below RCM
Less than High School	25,545	71%
High School Diploma or Equivalent	33,750	57%
Some College, Assoc. or Voc.	42,028	39%
Bachelor's degree or higher	41,721	14%

### Ethnicity

	# below RCM	% below RCM
Latino	42,064	49%
African American	24,860	47%
Asian American / Pacific Islander	38,626	24%
White	36,461	19%
Native American/Alaska Native		

### Household Type

	# below RCM	% below RCM
Single Mothers	19,237	68%
Seniors	22,893	28%
Married Couples	47,682	22%
Informal Families	34,368	27%

### Citizenship/Nativity

	# below RCM	% below RCM
Foreign Born, Non-Citizen	35,411	44%
Foreign Born, Naturalized	34,622	29%
Born a US Citizen	73,011	24%

\*\* Minimum waged jobs based on \$13.00 per hour, 40 hours per week, 50 weeks per year. Median household earnings control for elder-led households and household led by persons with disabilities consistent with the Real Cost Measure.